

Saint Paul's

Educating Men for Others



High School

In the Jesuit tradition since 1926

Dear Parents

On Monday, May 14th, all grade nine students at St. Paul's will be participating in a track and field meet held at the University of Manitoba - University-outdoor track (west side of Investors Group Field) This meet is for St. Paul's students only. Students are responsible for getting there and home on their own and are to be at the stadium no later than 9:30am. The day will end around 2:30pm. Students should bring a lunch (there will be a canteen available) a water bottle, proper footwear for running and jumping events, as well as adequate clothing for the day's events. If your child is hurt and unable to do any events, he will be expected to volunteer at the meet.

The emphasis of the meet is on **fun and participation**, however the top finisher in each event will qualify to represent St. Paul's at the West Winnipeg Athletic Conference Track and Field meet to be held Friday, May 18th.

If you are planning to watch there is parking on the west side of the Stadium.

Attached is the schedule of the meet.

Thanks

Jeff McMillan

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8th Annual Crusader

Grade Nine Track and Field Classic

Monday, May 14th 2018

University of Manitoba/ University Stadium

9:30am – 2:30pm

Tentative Schedule:

Events may run 5 to 10 minutes ahead or behind

Track:

9:30am	O Canada/ Opening Prayer/ Group Warm-up
9:50am	1500m Timed Final
11:10am	100m Heats
11:40 am	400m Timed Finals
12:00- 12:45pm	Lunch
12:50pm	200m Timed Finals
1:20pm	800m Timed Finals
1:50pm	100m Finals A and B and C
2:10 pm	Class vs Class 4X 100m or shuttle relay
2:30pm	Clean up/ Dismissal

Field

9:50am	Shot Put
10:30am	Long Jump
11:15am	Discus
1:00pm	High Jump
1:40pm	Ball Throw